



Preschool Pals – Kindergarten Prep!

Sign up now, for this developmentally-appropriate preschool program! Our highly-trained staff provide hands-on activities for your child to explore math, science, art, reading and writing readiness, music, dramatic play, and large motor activities – all while having lots of fun! We help them to develop social emotional skills and to learn through play and exploration. Our teacher-led circle time is a great place for developing language skills through song, nursery rhymes, and games. The 4- & 5-year-olds will meet for three hours per day, two days a week, with an optional 3-hour Friday morning class. The 3- & 4-year-olds will meet two days a week for two hours per day.

Instructors: Monica Rucker, Wendy Frazier and Kasey Hnilo
Location: City Hall Annex Community Rooms

3 & 4 Year Olds – Tuesdays & Thursdays

Dates: January 5 – March 25 (No Class Feb. 16)
Time: 9:00 am - 11:00 am
Code: 3549
Non-Resident Fee: \$265 (approx \$88/month)
Resident Fee: \$230 (approx \$77/month)

4 & 5 Year Olds – Tuesdays & Thursdays

Dates: January 5 – March 25 (No Class Feb. 16)
Time: 11:30 am – 2:30 pm
Code: 3550
Non-Resident Fee: \$396 (approx \$132/month)
Resident Fee: \$345 (approx \$115/month)

4 & 5 Year Olds – Friday Class

Dates: January 8 – March 19 (No Class Feb. 12)
Time: 9:00 am – 12:00 pm
Code: 3551
Non-Resident Fee: \$173 (approx \$57/month)
Resident Fee: \$150 (approx \$50/month)

(Enrollment will remain open until classes are full).

Inclement Weather Policy

To ensure the safety of our class participants and staff our Preschool Pals program will be closed if the Everett School District closes due to inclement weather. If the school district is delayed, the 9:00AM Preschool Pals program will be canceled. Contact (425) 745-1891 for updated information. If class is canceled due to inclement weather, there will NOT be a make-up day scheduled. No refunds will be given. **Special Instructions:** Child MUST be potty trained and the specified age by the start of the first class. 4 & 5 year olds bring your own lunch (snack for Friday class) and everyone will eat together.

Music for Preschool

(5-weeks)

Discover new rhythms. Dance to different beats. Sing favorite songs. Recent research shows that early, continuous experiences with music and movement set the stage for success in language, reading and math. From jazz to classical, to reggae and rock n' roll, Music for Preschool takes you on a playful journey through a world of music.

Parent must attend with child.

Instructor: Kristi Woldstad has been instructing Music for Preschool, Gymboree Music and Specialty Classes for the past ten years in the local area. Her classes fill quickly, so register early!

Age: 18 Months – 4 Years

Day: Wednesday

Time: 4:30 pm – 5:15 pm

Code/Dates:

3552 January 13 – February 10

3553 February 24 – March 24

Non-resident Fee: \$60

Resident Fee: \$52

Location: Large Community Room
 15720 Main Street, Mill Creek



Doodle Dots (5-weeks)

Discover the joy of creating original artwork with your child! Inspiring storytelling, poetry, sing-alongs, movement, or games introduce each day's theme during circle time. The project may focus on art basics like shapes, colors, and patterns or it may be a way for small hands to experiment with a variety of mediums in interesting and creative ways. The final masterpiece is always something you've created together! **Parent participation is required.**

Special Instructions: \$5 Supply fee payable to instructor at first class.

Age: 2 Years – 4 ½ Years

Day: Wednesday

Time: 10:30 am – 11:20 am

Code/Date:

3554 January 13 – February 10

3555 February 24 – March 24

Non-Resident Fee: \$60

Resident Fee: \$52

Instructor: Alicia Buck

Location: Small Community Room
 15720 Main Street, Mill Creek



Preschool Programs

Gymnastic Classes

(5-weeks)

Instructors: Cascade Elite staff has taught preschool age children in a variety of activities (gymnastics, swimming, preschool, etc.) for over 20 years. All employees are certified in CPR and first aid and K.A.T. certified.

Each five-week session will offer new, fun and exciting activities.

Special Instructions/Prerequisites: Participants should wear shorts with no zippers, warm-ups and t-shirts. On cold days, wearing a sweatshirt over a T-shirt is a recommended. Please no gum, candy or jewelry.

ALL CLASS DAYS: Fridays

Non-resident Fee: \$62
Resident Fee: \$54

Location: Large Community Room
15720 Main Street, Mill Creek

Toddle Time Gymnastics

Walking, running, marching, swinging, moving to music, and the exploration of concepts such as up, down, in, out, through, etc., are important at this very young age. This class is designed to promote these activities in a friendly atmosphere.

Parent participation is required.

Age: 18 Months - 3 Years
Time: 1:30 pm - 2:00 pm
Code/Dates:
3560 January 8 - February 5
3561 February 19 - March 19

Advanced Toddle Time

This class is the second level of gymnastics and prepares your child for the preschool gymnastics class. Your child will be able to explore the first rotation with parent involvement.

Age: 2 ½ Years - 3 ½ Years
Time: 2:10 pm - 2:40 pm
Code/Dates:
3562 January 8 - February 5
3563 February 19 - March 19

Preschool Gymnastics

Our specially sized gymnastics equipment, fun music, games, and more are all used to help teach the gymnastic basics to preschoolers. Emphasis is placed on having fun, learning, and following directions.

Age: 3 Years - 5 Years
Time: 2:50 pm - 3:20 pm
Code/Date:
3564 January 8 - February 5
3565 February 19 - March 19

Kidz Love Soccer

(6-weeks)

Mill Creek Parks & Recreation is teaming up with Kidz Love Soccer to bring you the following Soccer programs for kids ages two through eight. During inclement weather conditions, please call City Hall at (425) 745-1891 or KLS at 1-866-590-9965.



ALL Classes:

Dates: Tuesdays, March 2 - April 13
(No Class April 6)

Non-Resident Fee: \$63
Resident Fee: \$55

Location: Pine Meadow Park,
15803 32nd Avenue SE,
Mill Creek

Instructors: Kidz Love Soccer Instructors

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to one of World's Most Popular Game! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Parent participation is required.

Age: 2 Years - 3 ½ Years
Code/Time:
3572 10:00 am - 10:30 am
3573 3:00 pm - 3:30 pm

Tot-Soccer

Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Special Instructions: Shin guards are required after the first class!

Age: 3 ½ Years - 4 Years
Code/Time:
3574 10:45 am - 11:15 am
3575 3:40 pm - 4:10 pm

Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children will learn to follow instructions in a nurturing, age appropriate environment.

Special Instructions: Shin guards are required after the first class!

Age: 4 Years - 5 Years
Code/Time:
3576 11:15 am - 11:50 am
3577 4:10 pm - 4:45 pm

Soccer 1

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually.

Special Instructions: Shin guards are required after the first class!

Age: 5 Years - 6 Years
Code/Time:
3578 4:45 pm - 5:30 pm

Soccer 2

Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situations, venture into the fun tactical side of scrimmages. Attack and score goals! Pace and possession! Defense and transition! Themes such as these and continued individual skill building will be explored fully on the soccer field by young soccer aficionados!

Special Instructions: Shin guards are required after the first class!

Age: 7 Years - 8 Years
Code/Time:
3579 5:30 pm - 6:15 pm





Ballet Classes (5- weeks)

Please join Mill Creek Parks & Recreation and Olympic Ballet and take part in our dance classes for children!

Instructor: Olympic Ballet, Kelly Hui

Recommended dress attire: Girls- footless or stirrup tights; Boys- t-shirt, black or blue shorts, and bare feet.

ALL Classes:

Day: Saturdays

Non-resident Fee: \$54

Resident Fee: \$47

Location: Large Community Room

15720 Main Street, Mill Creek

Creative Ballet

Ballet gives your child good posture and graceful movement. In a structured and playful way, young dancers gain control of their bodies as they create shapes and lines, and dance to rhythm and music.

Age: 3 Years - 4 Years

Dates: January 9 - February 6

Code/Time:

3566 10:30 am - 11:10 am

3568 11:15 am - 11:55 am

Dates: February 20 - March 27

(No Class Feb. 27)

Code/Time:

3567 10:30 am - 11:10 am

3569 11:15 am - 11:55 am

Beginning Ballet

This introductory class gives your child good posture and graceful movement. In a structured and playful way, young dancers learn basic elements of ballet. The program aims to stimulate young students with the love of dance and help them gain control of their bodies in the creation of shape, line, jumps, and leaps.

Age: 5 Years - 7 Years

Time: 12:00 pm - 12:45 pm

Code/Dates:

3570 January 9 - February 6

3571 February 20 - March 27

(No Class Feb. 27)

Spanish for Kids (5-weeks)

Instructor: Nilda Molina has taught Spanish at local schools for several years and is fluent in Spanish.

ALL Classes:

Age: 4 Years - 7 Years

Day: Saturday

Time: 9:30 am - 10:15 am

Non-Resident Fee: \$71

Resident Fee: \$62

Location: Small Community Room

15720 Main Street, Mill Creek

Beginner Spanish

Kids will have a great time learning basic Spanish basic vocabulary, greetings and phrases used in their daily life through songs, games, dialogues, and interactive activities. We will also learn about the different cultures and customs of various Spanish-speaking countries. Vamos aprender Espanol!

Code/Dates:

3583 January 9 - February 6

Advanced Spanish

Students will build upon and expand the vocabulary, greetings and phrases learned from the beginning Spanish class and learn to put to use what they have learned. Completion of the Beginning Spanish class is required or must have some previous Spanish language background or experience.

Code/Dates:

3584 February 20 - March 20

**NEW
CLASSES**

Preschool Science Club

Do you have a young scientist at home? Then your child will enjoy our monthly hands-on science program. All materials are age appropriate. All students take home what they make in class. A new theme is offered each month.

Special Instructions: \$3 supply fee payable to instructor per class.

Each Class:

Age: 4 Years - 6 Years

Day: Monday

Time: 10:00 am - 11:00 am

Non-Resident Fee: \$14

Resident Fee: \$12

Location: Small Community Room

15720 Main Street, Mill Creek

Ooey Goopy Science

Young chemists will use common household ingredients to make ooey, goopy concoctions as they explore polymers in this fun chemistry class.

Code/Date:

3580 January 11

Silly Sounds

Students will learn about the science of sound as they play games, experiment with vibrations, and make an instrument to take home.

Code/Date:

3581 February 22

Magnet Time

Preschoolers will learn about magnetism as they play with a variety of magnets and materials, go magnetic fishing, and make a magnetic sticker.

Code/Date:

3582 March 15