



**City of Mill Creek
Parks & Recreation Division
2009-2010 Youth Basketball Parent Information**

PLEASE SHARE THIS INFORMATION WITH YOUR TEAM

Welcome to the City of Mill Creek's Recreation Youth Basketball League. The purpose of the Mill Creek Parks and Recreation Youth Basketball Program is to provide a quality experience in basketball participation for children, Kindergarten through Eighth grade, and to use Adult volunteers in a leadership role in youth sports.

Please read over the following information. It should provide you with some basic guidelines about the program. If you need further detailed information please contact your coach first. If he/she is unable to answer your question/concern, please contact the main office at 425-745-1891 and ask for Brian Davern, Basketball Coordinator or Pam Olson, Recreation Supervisor.

We would like to draw your attention to a few concerns that have come up in the past and we need your help in correcting:

- NO FOOD OR DRINK ALLOWED IN THE GYMS during practices or games, Except bottled water. This includes soda, cans/containers, water bottles filled with Gatorade, Vitamin Water, Propel, coffee drinks, and anything edible. We received several calls last year from the Everett School District with complaints regarding food & drinks in the gymnasiums. We would like to continue using these beautiful facilities for the Youth Basketball program. Please remind the parents.
- SIBLINGS ARE NOT TO PRACTICE/PLAY ON THE COURTS DURING PRACTICE – unless they are assisting the coach coaching the team.
- TEAMS WAITING FOR PRACTICE SHOULD WAIT IN THE LOBBY UNTIL THEIR SCHEDULED PRACTICE TIME. Entering the gyms prior to your scheduled practice, is disruptive to the team currently in the gym.
- Never drop off a child at the gym without checking in with the coach first. Practice may have been cancelled at the last minute.

GENERAL PARENT INFORMATION

Photo Day:

January 16, 2010 at Heatherwood Middle School Cafeteria 1419 Trillium Blvd S.E, Mill Creek. Parking will be available in the lower parking lot. Individual photo packets are to be given out to the parents 1 week prior to photo day. Extras will be available on site that day. The Photo shoot begins as early as 7:20 a.m. for some teams. Please ask parents to make sure they are on time for pictures. If you have any questions, contact the CLIX Portrait Studios at 425-608-9175.

Team & individual pictures will be distributed to the coach at the game on February 13, 2010.

Uniforms:

Please distribute uniforms to players ASAP. Please give out uniforms based on the size of the child. Remind parents – if they need a different size t-shirt or jersey for their child than originally ordered, there will be an additional charge. (T-shirts \$10. Jerseys \$20) Please have parents contact you (team parent) and you can contact Brian briand@cityofmillcreek.com or 425-921-5736. This avoids several individual calls to the Recreation staff.

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Practice:

- Each team is assigned a set practice time and location for the entire season. Your schedule should remain consistent throughout the season including when games begin.
- **Please do not arrive more than 5 minutes early to practices.** You may not be able to access the gym if you arrive too early.
- Please be on time picking up your child.
- **Never** drop your child off at practice without making sure that practice is being held.
- Please DO NOT bring or send food or liquid containers to practice **except** for water bottles filled with water. There is NO FOOD OR DRINK ALLOWED IN THE GYMNASIUMS EXCEPT WATER BOTTLES. There is also water fountains located in the gyms for your child's use during practice. This is an Everett School District rule.

Games:

Games begin January 9, 2010 and may run through March 6 2010. All games will be played at either:

Heatherwood Middle School
1419 Trillium Blvd SE
Mill Creek, WA 98012

Gateway Middle School
15404 Silver Firs Drive
Everett, WA 98208

- For teams that are scheduled to play games beginning at 8:00 am, 9:00 am, or after lunch, please remind parents the gym doors open fifteen minutes earlier (**no sooner**) as the referees are preparing the courts for games. EXAMPLE: 9:00 am game, the gym doors open at 8:45 am (no earlier).
- When arriving for games please either sit in the stands or wait in the lobby area until the previous game has ended.
- Please **DO NOT** bring food or drink into the gymnasiums. (this includes coffee, propel & Gatorade in water bottles). If food or drinks are spilled on to the gym floor, it could create a slippery safety hazard and/or damage the gym floor. It also may delay game play.
- After the game, snacks & drinks should be distributed to players **AFTER they leave the gym.**
- Please do not allow siblings to run around the gym, hallways or play on the bleachers during the games.
- Game Schedule: If you see "No Game" as your opponent on the schedule, there is no game for your team that day.

Coaches:

- All coaches are volunteers, please be supportive of your son/daughter's coach. Without coaches we would not be able to provide a youth basketball program.
- If you have questions or concerns, please talk with the coach first.
- Coaches will be assigning Team Parents at the first practice to help coordinate photos, distribute t-shirts & jerseys and rule books.

Gym Usage:

Use of the Everett School District facilities is a privilege. Parents, coaches and participants must abide by the same rules that apply while attending class during the day. Problems caused by unruly participants may result in cancellation of our use of these facilities. Please help us enforce the following rules:

- DO NOT bounce balls in hallways or lobbies – please encourage children to carry them.
- DO NOT go into cafeterias.
- DO NOT touch light switches, locks, etc.
- DO NOT enter locker rooms or halls of the school buildings at Gateway & Heatherwood.

- When bringing younger/older siblings/friends to practice, please DO NOT let them run around the facility inside or outside unattended.
- NO shoes other than basketball shoes on the gym floor. NO FOOD OR DRINK is allowed in gymnasiums except water. *Please, please, please adhere to this very important rule.*
- DO NOT climb on bleachers.

Lost and Found:

- Please check the chairs/bleachers for any items left behind after each game.
- Turn any items into the Gym Supervisor to place in the lost and found bag.

Referees:

The referees provided will be high school students or volunteers. The referees will make good calls and bad ones, but in each case they are calling what they see. The officials are very dedicated and deserve your cooperation. **NEVER YELL or use profanity at an official.** You will be asked to leave the gymnasium for the remainder of the game.

Rule Books:

Please distribute rule books immediately amongst the parents. This will give everyone an opportunity to review the rules and guidelines of the League.

Player Insurance:

The City of Mill Creek does not provide insurance for players. The child's insurance coverage is the responsibility of the parents/guardians.

Gym Closures Due To Bad Weather:

A good rule to go by is if school is cancelled due to inclement weather, **basketball practice** will also be cancelled. Coaches will call you after 8:00 a.m. on Saturdays if **games** are cancelled due to weather. (Scheduling conflicts with other sports or bad weather please note: there will be no make up games.)

PARENTS CODE OF ETHICS:

- Remain seated in the spectator area during the game.
- Refrain from yelling instructions or criticism to your child or other children.
- Refrain from making derogatory comments or gestures to players, other parents, officials, and league administrators. A second offense will result in a two-game suspension.
- Please do not interfere with the coaching provided by the child's coach and relinquish the responsibility for your child to the coach for the period of the game/practice.
- Applaud good plays by both teams.
- Always encourage children to play according to the rules of the game
- Remember that children play organized sports for their own fun and enjoyment.

Applaud the effort as much as the results.

Encourage your child and be a positive role model.

Please share this information in this newsletter with the parents of your team.

We look forward to another FUN and exciting Youth Basketball season.